

Acute life-threatening harms related to illicit/non-medical use of opioids, stimulants, or sedatives

CANADIAN PAEDIATRIC SURVEILLANCE PROGRAM

2305 St. Laurent Blvd. Ottawa, ON K1G 4J8

Tel: 613-526-9397, ext. 239

Fax: 613-526-3332

cpsp@cps.ca

www.cpsp.cps.ca

REPORTING INFORMATION

(To be completed by the CPSP)

Report number: _____

Month of reporting: _____

Province: _____

Today's date: _____

Please complete the following sections for the case identified above. If the information asked for below is not readily available, please leave it blank. Strict confidentiality of information will be assured.

CASE DEFINITION FOR ACUTE LIFE-THREATENING HARMS RELATED TO ILLICIT/NON-MEDICAL USE OF OPIOIDS, STIMULANTS, OR SEDATIVES

Report any patient less than 18 years of age (up to their 18th birthday) requiring any of the following:

- Emergency department care, hospitalization, or admission to an intensive care unit (ICU)
- Resuscitation (e.g., naloxone) outside of hospital*

Due to either of the following:

- Use of an illicit/non-prescription opioid, stimulant, or sedative substance
- Non-medical use of a prescription opiate (e.g., codeine, hydromorphone, oxycodone), stimulant (e.g., psychostimulant), or sedative drug (e.g., benzodiazepine, barbiturate) (e.g., using prescription medication in a manner other than as prescribed, using prescription medication prescribed to someone else)

Exclusion criteria

- A condition due to inadvertent exposure to another person's substances (e.g., child accidentally ingesting an adult's substance)
- A condition resulting from use of an illicit substance during pregnancy/breastfeeding (information already captured elsewhere)
- A condition resulting from indicated use of medications prescribed to the patient for medical purposes
- A condition arising from accidental misuse of medications prescribed to the patient for medical purposes
- A condition resulting solely from the use of alcohol, cannabis, vaping, cigarettes, and/or tobacco products

*Children and adolescents who experienced a critical toxicity incident and received only emergency resuscitation outside of hospital at the time of the incident (e.g., community-based naloxone administration) are eligible for this study when they present for a first health care visit following resuscitation in the community.

SECTION 1 – PROVIDER INFORMATION

1.1 Which one of the following best describes your practice?

- General paediatrician Adolescent medicine physician Emergency physician
 Paediatric emergency physician Psychiatrist Family physician
 Paediatric intensivist Non-physician prescriber (e.g., nurse practitioner, physician's assistant)
 Other, specify: _____

1.2 First 3 digits of the postal code of your practice: ____ _

1.3 Practice setting where you cared for this patient (select all that apply):

- a) Urban b) Academic c) Medical inpatient hospital ward
 Suburban Non-academic ICU
 Rural/Remote Psychiatric inpatient hospital ward
 Emergency department/urgent care centre
 Outpatient clinic
 Other, specify: _____

SECTION 2 – PATIENT DEMOGRAPHIC INFORMATION AND SOCIAL CONTEXT

2.1 Month/year of birth: ____ / ____
MM YYYY

2.2 First 3 digits of the patient's postal code: ____ _

2.3 Sex assigned at birth: Male Female Intersex Unknown

2.4 Is the patient's self-identified gender trans, non-binary, or two-spirit? Yes No Not specified

2.5 Is the patient's self-identified sexual orientation lesbian, gay, bisexual, two-spirit, pansexual, asexual, or queer?
 Yes No Not specified

2.6 Does your practice setting collect patient-reported race/ethnicity/Indigenous identity data? Yes No Unknown

2.6.1 If Yes, which of the following best describes the patient- or family-reported racial or ethnic group? (Select ONE)

- | | | | |
|--|--|---|---|
| <input type="radio"/> Arab | <input type="radio"/> Black | <input type="radio"/> Chinese | <input type="radio"/> Filipino |
| <input type="radio"/> Japanese | <input type="radio"/> Korean | <input type="radio"/> Latin American | <input type="radio"/> White |
| <input type="radio"/> First Nations | <input type="radio"/> Inuit | <input type="radio"/> Métis | <input type="radio"/> Unknown/did not ask |
| <input type="radio"/> Southeast Asian
(e.g., Vietnamese,
Cambodian, Laotian) | <input type="radio"/> South Asian
(e.g., East Indian,
Pakistani, Sri Lankan) | <input type="radio"/> West Asian
(e.g., Iranian, Afghan) | <input type="radio"/> Other, specify: _____ |

2.7 What is the preferred language of the patient? (Select ONE)

- | | | |
|-------------------------------|---|---|
| <input type="radio"/> French | <input type="radio"/> English | <input type="radio"/> Mandarin or Yue (Cantonese) |
| <input type="radio"/> Punjabi | <input type="radio"/> Unknown/did not ask | <input type="radio"/> Other, specify: _____ |

SECTION 3 – CO-EXPOSURES, COMORBIDITIES, AND RISK FACTORS

3.1 Are any of the following mental health or neurodevelopmental comorbidities present? (Select all that apply)

- | | | |
|--|---|---|
| <input type="checkbox"/> Mood disorder | <input type="checkbox"/> Attention deficit/hyperactivity disorder | <input type="checkbox"/> Fetal alcohol syndrome |
| <input type="checkbox"/> Suicidality/self harm | <input type="checkbox"/> Autism spectrum disorder | <input type="checkbox"/> Other, specify: _____ |
| <input type="checkbox"/> Psychotic disorder | <input type="checkbox"/> Substance induced psychosis | <input type="checkbox"/> None |
| <input type="checkbox"/> Anxiety disorder | <input type="checkbox"/> Eating disorder | <input type="checkbox"/> Unknown |

3.2 Are any of the following other comorbidities present? (Select all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Chronic (long-term) illness (e.g., asthma, diabetes, cancer) | <input type="checkbox"/> Other, specify: _____ |
| <input type="checkbox"/> Physical disability | <input type="checkbox"/> None |
| <input type="checkbox"/> Sensory disability (e.g., hearing or vision) | <input type="checkbox"/> Unknown |

SECTION 4 – CLINICAL PRESENTATION

4.1 Date of presentation: ____ / ____ / ____
MM YYYY

4.2 Substance(s) used by the patient leading to this presentation (select all that apply):

- | | |
|---|---|
| <input type="checkbox"/> Illicit opioids (e.g., heroin, fentanyl) | <input type="checkbox"/> Hallucinogens (e.g., LSD, PCP, psilocybin mushrooms) |
| <input type="checkbox"/> Prescription opioids (e.g., oxycodone, hydromorphone, codeine) | <input type="checkbox"/> Ketamine |
| <input type="checkbox"/> Medications for opioid use disorder (e.g., methadone, buprenorphine, slow-release oral morphine) | <input type="checkbox"/> MDMA/ecstasy |
| <input type="checkbox"/> Illicit stimulants (e.g., methamphetamine, cocaine/crack cocaine) | <input type="checkbox"/> Alcohol |
| <input type="checkbox"/> Prescription stimulants (e.g., amphetamines) | <input type="checkbox"/> Cannabis |
| <input type="checkbox"/> Sedatives (e.g., benzodiazepines, barbiturates) | <input type="checkbox"/> Tobacco products |
| <input type="checkbox"/> Other, specify: _____ | <input type="checkbox"/> Unknown |

4.2.1 Toxidrome(s) requiring medical intervention (select all that apply):

- | | |
|--|---|
| <input type="checkbox"/> Opioid overdose | <input type="checkbox"/> Symptomatic withdrawal |
| <input type="checkbox"/> Stimulant overdose/toxicity | <input type="checkbox"/> Other, specify: _____ |
| <input type="checkbox"/> Sedative overdose | |

4.2.2 To your knowledge, did the patient take the substance(s) with clear suicidal intent: Yes No Unknown

4.2.3 Route of exposure to substance(s) indicated (select all that apply):

- | | | |
|--|--|----------------------------------|
| <input type="checkbox"/> Ingestion | <input type="checkbox"/> Intramuscular injection | <input type="checkbox"/> Unknown |
| <input type="checkbox"/> Inhalation by nose (e.g., snorting, sniffing) | <input type="checkbox"/> Intravenous injection | |
| <input type="checkbox"/> Inhalation by mouth (e.g., smoking, vaping) | <input type="checkbox"/> Other, specify: _____ | |

4.3 Was a blood or urine drug screen completed? Yes No Unknown

4.3.1 If Yes, indicate all substances that screened positive:

- | | | | |
|--|--|---------------------------------------|--|
| <input type="checkbox"/> Amphetamine | <input type="checkbox"/> Methamphetamine | <input type="checkbox"/> Cocaine | <input type="checkbox"/> Benzodiazepine |
| <input type="checkbox"/> Barbiturate | <input type="checkbox"/> MDMA | <input type="checkbox"/> Ketamine | <input type="checkbox"/> THC |
| <input type="checkbox"/> Hydromorphone | <input type="checkbox"/> Fentanyl | <input type="checkbox"/> Methadone | <input type="checkbox"/> Morphine |
| <input type="checkbox"/> Oxycodone | <input type="checkbox"/> Tramadol | <input type="checkbox"/> Other opioid | <input type="checkbox"/> Other, specify: _____ |

4.4 Clinical signs and symptoms requiring intervention during encounter (select all that apply):

- | | | |
|---|---|---|
| <input type="checkbox"/> Decreased level of consciousness | <input type="checkbox"/> Respiratory depression | <input type="checkbox"/> Cardiac arrest |
| <input type="checkbox"/> Delirium | <input type="checkbox"/> Drug-related psychosis | <input type="checkbox"/> Arrhythmia |
| <input type="checkbox"/> Gastrointestinal disturbance | <input type="checkbox"/> Tachycardia/palpitations | <input type="checkbox"/> Symptomatic withdrawal |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Rhabdomyolysis | <input type="checkbox"/> Other, specify: _____ |

SECTION 5 – TREATMENT AND OUTCOMES

5.1 Patient treatment location (select all that apply):

- Outpatient clinic Inpatient hospital ward Inpatient psychiatric unit
 Emergency department ICU/Paediatric ICU Other, specify: _____

5.1.1 How many days was the patient hospitalized? _____ day(s) Unknown Still admitted Not admitted

5.1.2 How many days was the patient in the ICU? _____ day(s) Unknown Still admitted Not admitted

5.2 Treatment provided:

5.2.1 Medical stabilization (select all that apply):

- Naloxone reversal Medication for opioid use disorder None
 Ventilation support Vasoactive drugs Unknown
 Flumazenil reversal Fluid resuscitation Other, specify: _____
 Withdrawal management medication (e.g., benzodiazepines, opioids, clonidine, anti-emetics)

5.2.1.1 Medication for opioid use disorder initiated during this visit (select ONE):

- Suboxone Methadone Unknown
 Slow release oral morphine Offered but declined Other, specify: _____
 Naltrexone None Not applicable/already on medication

5.2.2 Inpatient/encounter-based psychological/social interventions (select all that apply):

- Substance use counselling Adolescent medicine consult None
 Inpatient addictions consult Nurse-led education Unknown
 Addictions phone consult Harm reduction teaching/supplies Other, specify: _____
 Psychiatry consult Inpatient social work/counselling

5.3 Was the patient transferred to addiction-focused inpatient services (e.g., detox, residential)? Yes No Unknown

5.4 Was the patient discharged with a confirmed appointment with follow-up services? Yes No Unknown

5.5 Patient outcome at the end of clinical encounter/visit (select ONE):

- Discharged with full medical recovery (no medical complications)
 Discharged with ongoing health problem; specify: _____
 Remains in hospital
 Death; specify cause of death: _____
 Unknown

SECTION 6 – FURTHER INFORMATION

6.1 Are you willing to be contacted by the Canadian Paediatric Surveillance Program for further information on this questionnaire? Yes No

SECTION 7 – REPORTING PHYSICIAN

First name _____ Surname _____

Address _____

City _____ Province _____ Postal code _____

Telephone number _____ Fax number _____

E-mail _____ Date completed _____

Thank you for completing this form.