# Public health impacts of CPSP studies

1996 to 2005

"It is an important mechanism for surveillance of human health and well-being of one of the most vulnerable populations in Canada, our children. The CPSP has done very well in regard to its current objectives."

Robert McMurtry, MD, Professor of Surgery, University of Western Ontario

"We were struck that such an inexpensive program could have such Canada-wide support from paediatricians. It is a good mechanism for finding low-frequency, high-impact conditions that otherwise would be quite difficult to identify."

Margaret Berry, MD, Neonatologist, The Montreal Children's Hospital



During 10 years of surveillance, the CPSP participants have reported a total of 2,816 confirmed cases. Important public health impacts of study results are illustrated below.

### 1996

Congenital rubella syndrome

Findings: Rare with 10 cases over 10 years, mostly in nonimmunized women

Public health impact: Need to maintain universal and targeted immunizations

### 1999

Cerebral edema in diabetic ketoacidosis (DKA)

Findings: High mortality rate of 23%

Public health impact: Prevention of DKA remains key, as cerebral edema is already present before initiation of therapy

### 2002

Neonatal herpes simplex virus (HSV) infection

Findings: Significant mortality rate of 15.5%

Public health impact: Majority of cases being HSV-1 reinforces need for an HSV-1 and HSV-2 effective vaccine

### 2004 Infant bath seats

Findings: Confirmation of injuries and drownings

Public health impact: Supported Health Canada's advisory on drowning hazard of infant bath seats in April 2005

### 1997 Acute flaccid

paralysis

Findings: Documentation that Canada is polio-free

Public health impact: Obligation to report to the WHO polio eradication program

### 2000

Hemorrhagic disease of the newborn

Findings: Very low rate of 0.22 per 100,000 live births

Public health impact: Supports CPS statement for intramuscular vitamin K as the gold standard

### 2003

Vitamin D deficiency rickets

Findings: Over 100 children identified, majority were darker skinned and exclusively breast fed

Public health impact: Supports CPS statement for vitamin D supplementation of all exclusively breastfed children

### 2005

Lap-belt syndrome

**Findings:** High morbidity with 25% of children left paraplegic

#### Public health impact: Supports CPS

advocacy that all provinces/territories adopt proper child restraints in motor vehicles and booster seat legislation

### 1998

Subacute sclerosing panencephalitis

Findings: Rare with two cases over four years

Public health impact: Need to maintain universal immunization

against measles and

rubella

### 2001

Necrotizing fasciitis (NF)

Findings: Varicella was the most frequent factor of Group A streptococcal-related NF

Public health impact:

Supports National Advisory Committee on Immunization statement for universal childhood varicella immunization

### 2004 Baby walkers

Findings: Confirmation that injuries are still occurring

Public health impact:

Contributed to Health Canada's mandatory total ban on baby walker sales in April 2004



# Public Health Impacts of CPSP Studies 2005 to 2011

# Acquired demyelinating syndromes (ADS) of the central nervous system

- **Findings:** Optic neuritis was the most common presentation
- Public health impact: Supports the need for increased awareness that ADS could be a first manifestation of multiple sclerosis

### Congenital myotonic dystrophy (CMD)

- **Findings:** Neonatal mortality rate of 18%; CMD being a disorder of muscle immaturity, complication-free prolonged ventilation can result in improvement in strength and hypotonia state
- **Public health impact:** Reinforces the need for greater awareness, screening in pregnancy and genetic counselling, as 58% were index cases for the families

### Early-onset eating disorders

- **Findings:** Incidence of 2.6 per 100,000 children five to 12 years of age
- **Public health impact:** Supports CPS statement for use of growth charts to assist early detection

## Head injury secondary to suspected child maltreatment

- **Findings:** High mortality rate of 12%; over half involved infants were less than six months of age
- **Public health impact:** Supports the need for more programs to prevent abusive head injuries

### Injuries associated with baby products

- **Findings:** Strollers involved in 63% of the 90 reported incidents
- **Public health impact:** Supports Health Canada's advisory warning about amputation/laceration hazard posed by strollers with hinge mechanisms

# CPSP 5 CANADIAN PAEDIATRIC SURVEILLANCE PROGRAM 1996 • 2011

## Medium-chain acyl-coenzyme A dehydrogenase deficiency

- **Findings:** High efficiency of newborn screening programs to detect asymptomatic patients
- Public health impact: Supports early detection to allow for simple preventive measures (e.g., avoidance of fasting, prompt management of acute illnesses)

### Non-type 1 diabetes mellitus

- Findings: Number of new cases of paediatric type 2 diabetes was higher than expected; 95% were overweight/obese; important regional differences were identified
- **Public health impact:** Supports CPS and PHAC efforts in promoting healthy active living

## Renal stone disease associated with melamine-contaminated products

- Findings: No cases found in Canada
- **Public health impact:** Demonstrates added value of the CPSP to conduct enhanced surveillance of emerging public health concerns, quickly and inexpensively

### Severe iron-deficiency anemia (IDA)

- **Findings:** Nearly 200 confirmed cases, many with significant morbidity; risk factors included prolonged bottle-feeding and excessive cow's milk intake
- **Public health impact:** Supports the need for nutrition counselling to prevent IDA

# Travel-related illnesses in paediatric travellers who visit with friends and relatives abroad

- Findings: Enteric fever, malaria, diarrheal diseases and hepatitis A comprised 75% of the cases; most parents did not seek pre-travel advice
- Public health impact: Supports the need for education and provision of anticipatory guidance on pre-travel advice