

CASE DEFINITION FOR AVOIDANT/RESTRICTIVE FOOD INTAKE DISORDER

Report any child or adolescent from age 5 up to the patient's 18th birthday, seen in the previous month, presenting with a newly diagnosed eating or feeding disturbance (e.g., apparent lack of interest in eating or food, avoidance based on the sensory characteristics of food, concern about aversive consequences of eating), as manifested by persistent failure to meet appropriate nutritional and/or energy needs associated with one (or more) of the following:

- Significant weight loss (or failure to achieve expected weight gain or faltering growth in children).
- Significant nutritional deficiency.
- Dependence on enteral feeding or oral nutritional supplements.
- Marked interference with psychosocial functioning.

Exclusion criteria

The feeding or eating disturbance is:

- a result of lack of available food
- a result of culturally sanctioned practice
- attributed to anorexia nervosa or bulimia nervosa.
- associated with abnormalities in the way in which the young person perceives his/her body weight or shape.
- explained by another medical or mental disorder, so that if treated, the feeding or eating disturbance will go away.