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## ADR

### Tip of the Month

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#### **Desmopressin (DDAVP®) Risk of hyponatremia**

Desmopressin is used in the management of primary nocturnal enuresis. Recent cases of hyponatremia with the risk of convulsions and death have been reported with the intranasal formulation.

Physicians should:

- Know that desmopressin may lead to water intoxication and/or hyponatremia.
- Prescribe only the lowest effective dose of the oral formulation.
- Adjust carefully fluid intake and desmopressin dosage when increased water intake can be expected, such as in hot climate or during intense exercise.
- Pay attention to prodromal symptoms (headache, nausea and vomiting) and advise patients to discontinue desmopressin immediately and seek medical assessment.

#### **Reference**

[www.hc-sc.gc.ca/dhp-mps/medeff/advisories-avis/prof/\\_2008/desmopressin\\_hpc-cps-eng.php](http://www.hc-sc.gc.ca/dhp-mps/medeff/advisories-avis/prof/_2008/desmopressin_hpc-cps-eng.php)

***Please report all serious  
adverse drug reactions (ADRs).***