



ADR

Tip of the Month

Complementary and alternative medicine

Complementary and alternative medicine (CAM) is a group of diverse medical and health care systems, practices and products that are not generally considered part of conventional medicine.

- Most paediatric patients who receive CAM also receive conventional care.
- CAM-related harms can be direct (e.g., anaphylactic reaction) or indirect, such as delays in diagnosis and/or treatment.
- Concurrent use of natural health products (NHP) and conventional pharmaceuticals can result in an NHP-drug interaction.*
- Paediatricians should have an open and respectful communication with families to learn about their CAM use.

* www.cpjournal.ca/archive/1913-701X/142/5/pdf/i1913-701X-142-5-e1.pdf

www.cpjournal.ca/archive/1913-701X/142/5/pdf/i1913-701X-142-5-224.pdf

***Please report all serious
adverse reactions (ARs).***