



ADR

Tip of the Month

Camphor and/or eucalyptus oils

- **Are found in over-the-counter:**
 - cough/cold remedies used as chest rubs or by steam inhalation;
 - creams/ointments to relieve sore muscles or cold sores.
- **Can be toxic for children.**
- **Are not intended for oral use.**
- **Can cause life-threatening reactions like SEIZURES if swallowed accidentally.**

Physicians should warn parents to store these products out of reach of children to prevent accidental poisoning.

Please report any suspected adverse drug reactions (ADRs).